

Affirming Potential Class

Full Description – 12 week class

Affirming Potential introduces people to a life-changing journey by helping them face and accept their past, better understand their present, and embrace their future with Christ. Affirming Potential seeks to uncover and affirm the potential that exists within each of us. Participants are asked to dream again or for the first time ever; to set goals, to evaluate their goals, and to develop action steps toward achieving those goals. This class includes small group discussion for deeper understanding of self and to gain new perspectives.

It is also possible to enter into a mentor type relationship with a Trail Guide after this class ends. Trail Guides can help you actualize your dreams by supporting you through action steps towards your goal(s). This requires a strong desire to make positive changes in your life and a consistent meeting commitment.

Affirming Potential instills the truths that we are valuable, we are important, that our lives are meaningful, and that overcoming struggle *is* possible!