

## Successful Living

### Full Description – 10 week class

Successful Living is a class designed to provide you a basic road map for living successfully. Within the context of this class, successful living is not a set of things you must achieve, such as the type of job you have or how much money you earn. Instead, success is measured around five Biblical principles. Within these principles, you will discover your core values, which will give insight into better time management. Additionally, this class will give you skills to manage stress, conflict, anger, and boundaries. It will also cover topics for understanding your personality, how to express love through your actions, and how to live with increasing hope. Each week covers a new topic and provides you with suggestions for how to practice your successful living skills at home.

If you love this class, you might want to consider extending your goals for successful living by taking Love INC's Affirming Potential class.